

How to Revise...

Think of sessions of **2** hours long.

You could revise for **2** sessions per day.

Break each session up into half hour slots...

25 minutes work followed by a 5 minutes break

**Spend time making a thorough revision timetable
and STICK TO IT**

How to Revise...

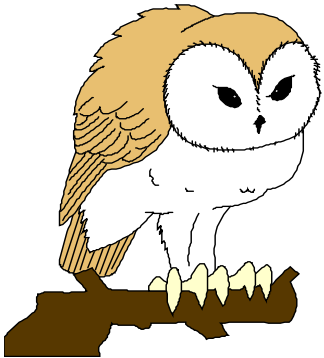
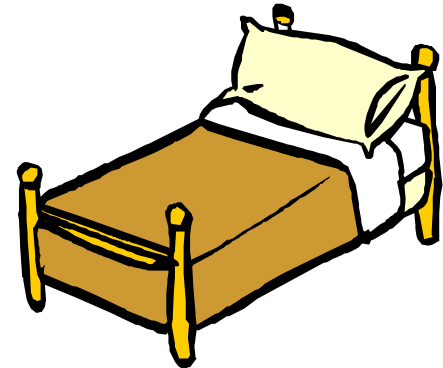
What kind of person are you?



Some students are early birds.

They will definitely want to use the morning session

Late risers will avoid mornings like the plague! They will work well later in the day

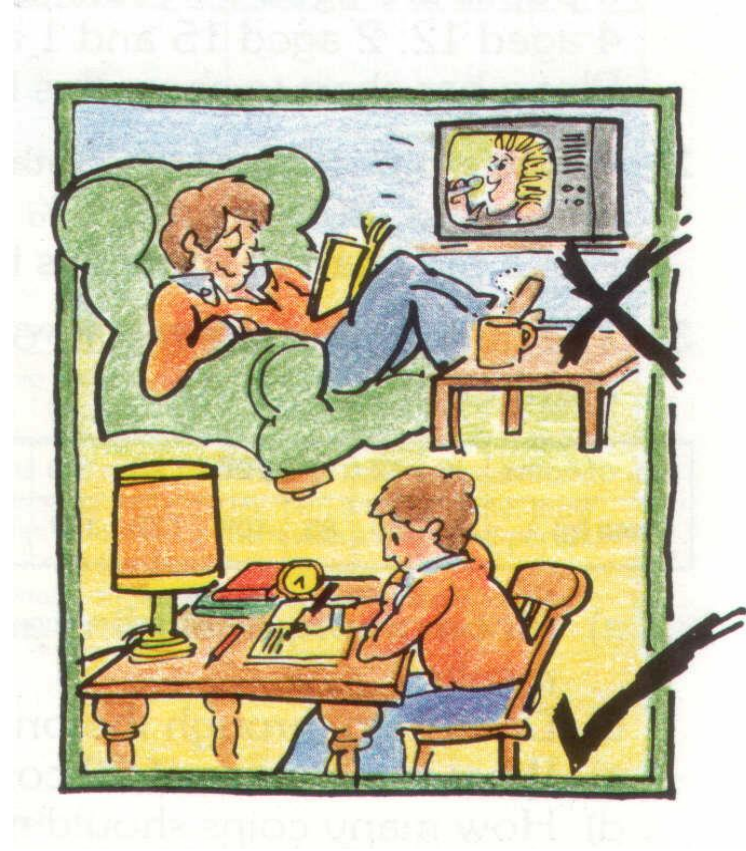


Night owls will do their best revision in the evenings

How should you revise?

Where should you revise?

- Warm
- Well lit
- Have a clock or watch nearby (time your revision sessions)



How should you revise?

How to plan your revision:

- Have a definite finishing time
- Plan regular breaks
- Get up and walk around during your break
- Drink plenty of water
- Have a tick list of topics to cover
- Gradually aim to summarise your notes

How should you revise?

- Revise the same work again *after 10 minutes*
- Briefly review the work:
after 1 day
after 1 week.
- This method will fix the work quite firmly into your long-term memory

There are many ways to revise

Choose the right way for you!

You have a particular learning style and you should revise using the techniques that will be best for your learning style

It is best if you try to use a combination of ideas though from all learning styles to give you a balance

Visual Learners:

Maps

Posters

Charts

Spider diagrams

Cartoons

Summary notes

Mental pictures

Mind maps

Auditory Learners:

Record ideas on tape

Say keywords aloud

Tell another person

Make a presentation

Get someone to test you

Exchange ideas with your friends

Play quiet, relaxing background music

Kinesthetic Learners:

Walk 'n' talk

Draw cartoons

Posters & storyboards

Make a model

Role play/drama

Make a mind map

Write a story

Annotate diagrams

Make cue/flash cards

How to Revise...

Just remember that, no matter when you revise, you need to go to bed at a sensible time and be able to get to sleep.

It may be that you have to read a fiction book, watch television or have a bath before you go to bed to get a good night's sleep

SUMMARY...

- Positive attitude
- Prepare a thorough revision timetable and **STICK TO IT**
- Be honest with yourself and plan in relaxation as part of your timetable
- Work for 25 minutes and take 5 minute breaks
- Use a variety of revision tools and techniques